



# Northern Lights Emmaus/Chrysalis Community



Hello Northern Lights Emmaus/Chrysalis Community!

My name is Andy Garitson and I am blessed to have volunteered to re-birth our community newsletter!

I don't know about you, but for me its nice to have something to remind myself of special dates and times; something I can view with a quick glance and be reminded of things. My hope is that you will find that in this newsletter; what I hope to be a seasonal publication.

In addition to that, I've invited both our Community Lay Director and Community Spiritual Director to share some thoughts from their hearts that we hope will be uplifting, encouraging, and might even lead you into a quiet moment of reflection and prayer.

To the right you'll find the current roster of the Emmaus Board and Chrysalis Committee members. I've also created a fun Emmaus Word Search if you need a few minutes to yourself.

If there is something you'd like to see in YOUR Emmaus/Chrysalis newsletter, please let me know; feel free to email me at [andygaritson@gmail.com](mailto:andygaritson@gmail.com) with your ideas and I'll see what I can do!

Fly with Christ!  
Andy Garitson

## Emmaus Board of Directors:

- Community Lay Director—Carl Barrows
- Community Spiritual Director—Linda St. Myers
- Asst. Spiritual Director - *Vacant*
- Secretary—Bud Haacke
- Treasurer—Larry Maher
- Agape—Linda St. Myers
- Kitchen—Robbie Casey & Barbie Casey
- Information Management—Greg Conrad
- Music Coordinator—Andy Garitson
- Good Shepherd/Outreach—Donna Walker & Kathy Edwards
- Logistics—Dave Wilson
- Gatherings—All Members
- Registrar—David Martin
- Team Selection/Sponsorship—*Vacant*
- Chrysalis Relations—Mike Wages

## Chrysalis Committee:

- Chrysalis Chairman—Mike Wages
- Chrysalis Spiritual Director—Penny Stacy
- Chrysalis Treasurer—Lelia Brandt
- Chrysalis Team Selection—*Vacant (Board Input)*
- Chrysalis Registrar—Jenny Harris
- Chrysalis Facilities & Set-Up—Mike Harris
- Chrysalis Literature—Karen Doerflein
- Chrysalis Music—*Vacant*
- Chrysalis Rushes—Elizabeth McCollum & Jenny Harris
- Chrysalis Secretary—Elizabeth McCollum
- Chrysalis Background Checks—Lelia Brandt
- Chrysalis Member at Large—Lisa Mullins

**We are experiencing a shortage of cross lanyards for the upcoming walks. If you would be interested in helping make these for the pilgrim crosses, please contact Carl Barrows for more information ([cbarrows77@yahoo.com](mailto:cbarrows77@yahoo.com)).**

## UPCOMING EMMAUS WALKS:

- Women's Walk #45: October 27-30  
@ Camp Lebanon
- Men's Walk #37: November 10-13  
@ Camp Lebanon

## UPCOMING CHRYSALIS FLIGHTS:

Winter 2023

# From our Community Lay Director

When I first took over as the Northern Lights Emmaus Community Lay Director in February of 2021, I had been on the community board for almost two years and acted as the walk registrar for the women's walk headed by Beth Gully in July 2019. That was our last women's walk before COVID-19 started to make it next to impossible to have any walks while the health restrictions imposed by the CDC were in place. From early 2020 to the fall of 2021 there was too much concern about people's safety, with the highly contagious Coronavirus, to hold regular events like walks.

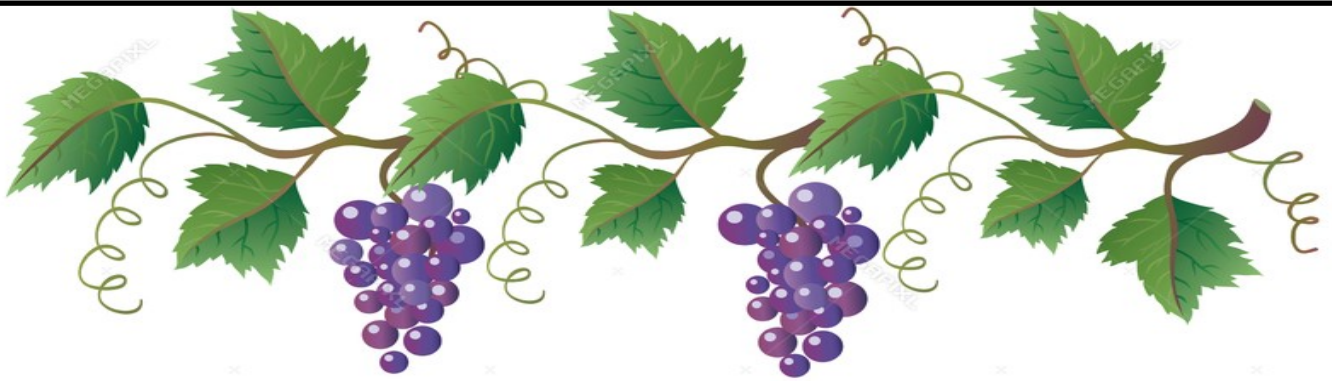
The first successful men's walk since the beginning of 2020 was held in September of 2021 at Camp Campbell Gard. The women's walk scheduled in the same month was postponed again due to a lack of separate facilities for our Emmaus group and another group. The men's September 2021 walk, led very ably by Chuck Wood and his team, had 15 pilgrims and a very highly attended candlelight ceremony. Fortunately, with good planning and hard work by the spring 2022 by Pam Ferber and her women's walk team, NLE had its first and by far the best women's walk in years at Camp Lebanon! We had 23 pilgrims along with a great team and decent weather. Sean Ovington and his great team worked hard to make the men's walk a great success.

We now have the opportunity to grow our community and help it thrive the most it has in the years before COVID -19 slowed down our growth and success. A big part of our purpose in being involved in the Walk to Emmaus and the Upper Room is to invigorate and energize the greater Body of Christ. We should ask ourselves in what ways we can do that as well as growing our own community. WE must ALWAYS remember that the Walk to Emmaus and Chrysalis Flights are an important part of the Body of Christ, a part that can make a real difference by strengthening our community and its ties to area churches. We are doing that now by communicating to area churches what Emmaus and Chrysalis have to offer their congregations, helping us both grow stronger together. Will you step up and play a role in making that happen?

Carl Barrows  
Community Lay Director  
cbarrows77@yahoo.com



*"Christ at Emmaus" by Walter Rane*



John 15:1-8 “I am the true vine, and my Father is the gardener. <sup>2</sup> He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes<sup>[a]</sup> so that it will be even more fruitful. <sup>3</sup> You are already clean because of the word I have spoken to you. <sup>4</sup> Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

<sup>5</sup> “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. <sup>6</sup> If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. <sup>7</sup> If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. <sup>8</sup> This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.

“If anyone does not abide in Me, he is cast out as a branch and is withered.”

Jesus warns us that failing to abide in Him means that our spiritual life dwindles. A branch only has life as it is connected to the vine; we can only spiritually live when we stay connected to the Master. **Are you withering and not connecting to our Emmaus Community?**

“Every branch of mine that bears no fruit, He takes away, and every branch that does bear fruit He prunes, that it may bear more fruit.” God trims away the bad twigs from the branches, i.e. our bad habits and sins. Often this can be uncomfortable or even painful, but He will lead us through these humbling experiences in order that we may be trimmed “clean” by His word so that we may bear even more fruit. **Are you bearing fruit for Northern Lights?**

As I think about this verse and as we are in the growing stages of God’s green earth... there are times we need to clean out and trim the plantings that are not bearing their leaves or flowering their beautiful colors. This allows the new growth to take over. Emmaus is the vine and each of you are a branch. We have pruned away during Covid and the new growth has begun in our community. People are stepping up to take positions on committees. New members on the board, but there are still positions to be filled. Become the new branch on the vine to lead Northern Lights into this fall and 2023 and beyond. Help us become a strong, growing community as we plant seeds into the lives of future pilgrims.

Blessings and Prayers,  
Linda St Myers  
Community Spiritual Director



# GATHERINGS

Our Community Gatherings are open to everyone!

Please bring a side dish or dessert to share.

**Friday, June 10th—6pm @ Monroe UMC**  
(Outdoor Grill-out)

**NO JULY GATHERING!**

**Friday, August 12th—6pm @ TBA**

If your church's praise/music team would like to provide music for our worship time, please have someone contact Andy Garitson (andygaritson@gmail.com) for information and to select which month to play.

## Emmaus Word Search

N C E G A T H E R I N G P P S  
V G D C N U X Y Y S T B R E E  
S S N S A O W P N S D D E R M  
E R V I E R I K D X I D V S M  
R I J H Y I G T B S L E E E A  
O V W R B F T Z C E F F N V U  
L H J Y Q M I I Z A G S I E S  
O P I E T Y P T R D Z X E R Y  
C A K U T L C B C O Q O N A G  
E A Z B E N H D K N I I T N F  
D B M S S R V N Y F A R A C N  
K C H T L Z D O K M A S P E J  
N I U D C J U S T I F Y I N G  
P D K A P C O M M U N I O N I  
Y L F C A N D L E L I G H T X

### WORD LIST:

ACTION  
CANDLELIGHT  
COMMUNION  
DECOLORES  
DISCIPLESHIP  
EMMAUS  
GATHERING  
GRACE  
JUSTIFYING  
PERSEVERANCE  
PIETY  
PREVENIENT  
PRIORITIES  
SANCTIFYING  
STUDY

## Top Ten Worship Songs

from praisecharts.com

- 1) Same God  
(Elevation Worship)
- 2) I Speak Jesus  
(Charity Gayle)
- 3) House of the Lord  
(Phil Wickham)
- 4) In Jesus Name  
(Katy Nichole)
- 5) Honey In the Rock  
(Brooke Ligertwood)
- 6) The Commission (Cain)
- 7) Goodness of God  
(Bethel Music)
- 8) Thank You Jesus for the  
Blood (Charity Gayle)
- 9) Hymn of Heaven  
(Phil Wickham)
- 10) Way Maker (Leeland)

**Looking for a Reunion Group? Do we have your most up-to-date contact information? Need to print an application?**

**Visit [nlemmaus.org](http://nlemmaus.org)! We're also Facebook!**